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888-650-7653

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**Fitting "Other" Type Shoes**

Periodically, since orthotics must be worn with shoes, we like to update our clients on some of the less well known options. When looking for shoes, always take your orthotics with you. Shoes/Sandals with removable inserts are best to accommodate a full orthotic. Your smaller dress orthotic will fit in many shoes without removable inserts, but try them on first. The shoes will need a deep enough heel cup so you don't walk out the back and sturdy construction so your orthotic has a support near the arch.

**Sandals with Removable Inserts**

Best to use with full foot length, Black Ultrasuede over 1/8" black EVA, black plastic shell, standard width, shallow or medium heel cup.

- Naots with removable insoles:
- Women's Scandinavian Collection
- Men's Scandinavian Collection
- Women's Wildlife Collection
- Women's County Collection
- Women's Campus Collection
- Negev Sabra Collection
- Wasabi Collection

- Keen Sandals/Shoes
- Wolky—[www.wolky.com](http://www.wolky.com)
- Softspots—[www.softspots.com](http://www.softspots.com)

- Birkenstock: Tatami Line
- Blend Sandals
- Finn Comfort
- Josef Siebel
- Think Sandals—[www.thinkeuroshoes.com](http://www.thinkeuroshoes.com)
- Footprints Sandals
- Ariat
- Mutosa—[www.murtosa.com](http://www.murtosa.com)

**Casual/Dress Shoes with Removable Inserts**

- Naot – Scandinavian Collection
- Merrell                      Rockport
- Keen                            Josef Siebel
- Born                            Clarks
- Earth Shoes
- Ecco, Sudini – Westside
- Rockport – Farrinton
- Dansko Dress Shoes (not clogs)

- Ariat
- Clarks
- Birkenstock – Tatami
- Cole-Hahn
- Munro
- Sudini
- Bostonian

**Clogs with Removable Inserts**

Great to wear around the house. Remember – wear your orthotics while on your feet, even in your own home!

- Merrel (make great kids shoes)
- Keen (make great kids shoes)
- Naot                              Salomen
- Simple                            Timberland
- Rockport                        Wolky
- Birkenstock–Tatami        Ecco
- Naot Clogs - Scandinavian Collection
- Dansko Anja – Removable Insoles,
- KLOGS (rubber clogs with removable inserts)
- Dansko Clogs -                Crocs –

**Dress Shoes (accommodate dress orthotics, may have removable inserts to accommodate full orthotic)**

- Josef Siebel                      Rockport
- Aerosoles (Dress shoes and boots)
- Clarks                            EasySpirit
- Ecco
- Josef (dress shoes and boots) Siebel
- Hush Puppies                    Naturalizer
- Softspots                        Ariat                              Munro

This is just a beginning for learning how to treat your feet right. There are many other great shoe brands that will accommodate your Sole Supports. If you find something new, let your healthcare provider know so they can pass on the news.

**Online Discount Stores**

- [www.zappos.com](http://www.zappos.com) - search by sizes, wide, narrow, removable inserts.
- [www.comfortableshoes.com](http://www.comfortableshoes.com)
- [www.softmoc.com](http://www.softmoc.com)                      [www.edepot.com](http://www.edepot.com)

**Local Stores to check out:**

- REI
- BRC
- The Walking Company
- Larry's Shoes
- Dillard's
- Nordstom
- Belmar